



Excellence is our Heritage

Hotel Les Ottomans
ISTANBUL

||| FITNESS

RATES

Fitness

Personalized Fitness Training	30 min. 170 TL	Non-member Fitness Training	30 min. 335 TL
Personalized Fitness Training	55 min. 220 TL	Non-member Fitness Training	55 min. 385 TL
Personalized Fitness Training	90 min. 295 TL	Non-member Fitness Training	90 min. 460 TL
Fitness Package 10+1	30 min. 1.700 TL	Non-member Fitness Package 10+1	30 min. 3.350 TL
Fitness Package 10+1	55 min. 2.200 TL	Non-member Fitness Package 10+1	55 min. 3.850 TL
Fitness Package 10+1	90 min. 2.950 TL	Non-member Fitness Package 10+1	90 min. 4.600 TL
		6 - 12 month Locker Rental	1.500 TL / 2.400 TL

Pilates

Personalized Pilates Session	55 min. 240 TL	Pilates Duet Session	55 min. 195 TL per person
Pilates Package 10+1	55 min. 2.400 TL	Pilates Trio Session	55 min. 160 TL per person
		Group Reformer Class	55 min. 145 TL per person

PILATES 'Duet' PACKAGE	Classes are limited to two persons	10 sessions 1.900 TL per person
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PILATES 'Trio' PACKAGE	Classes are limited to three persons	10 sessions 1.550 TL per person
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PILATES GROUP 'Reformer' PACKAGE	Classes are limited to four persons	10 sessions 1.400 TL per person
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10+1 Fitness ve Pilates packages expires 6 months from the purchase date.
Pilates Duet / Trio / Reformer packages expires 6 months from the purchase date.

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Membership

1 Year Spa & Fitness Membership

6.800 TL

12.000 TL for couple

6 Months Spa & Fitness Membership

4.500 TL

8.200 TL for couple

Prices are valid from February 2020.

Entrance to Spa and Fitness is complimentary for hotel guests.